

SummerFest Color Run

1 Mile Fun Run/Walk

SATURDAY, JULY 12, 2025

REGISTRATION 9:30 AM ■ RACE START 10:00 AM

East Millinocket Park (Katahdin Christian Academy)

ALL AGES ARE WELCOME

ENTRY FEE: \$15 PER PERSON | \$25 FAMILY RATE

PUBLIC SAFETY ESCORT WITH EMPD ■ FUN PRIZES FOR TOP FUNDRAISERS + PARTICIPANTS



Millinocket Regional Hospital and Legacy Medical Foundation are thrilled to host the 2nd Annual SummerFest Color Run! This 1-mile race is a chance to get active, give back to the community, and, of course, have fun!

Here's what you need to know:

- ♦ **Open to all!** Participants of all ages are welcome to join! Strollers are welcome for pushing littles, but bicycles are not allowed.
- ♦ **Raise money (optional):** Collect sponsors in-person using this pledge form or online at mrhme.org/giving. (Be sure your sponsor puts your name in the comment section so we can track of each participant's sponsorships!) Money raised will go to the Legacy Medical Foundation to support patient care at Millinocket Regional Hospital.
- ♦ **Safety first!** The color powder is FDA approved and non-toxic but it is recommended that precautions are taken (sunglasses, face coverings) to avoid ingesting the powder through the eyes, nose or mouth. We will take precautions as well, including aiming for the shoulders down and using water (so you will get WET!) to help powder stick to their skin and clothes, to keep dust to a minimum.
- ♦ **Colorful clothes:** The color powder washes out of most fabrics but we cannot guarantee it will wash out of all fabrics. Wear clothes and shoes you don't mind getting colorful. Be sure to bring a towel to dry off with and a change of clothes so you don't change your car colors on the ride home.

The entry fee helps cover the cost of the event but is not intended to be a barrier for anyone who wants to participate. Please contact us at (207) 723-7273 if the fee is a hardship, and we will work with you to ensure no one is left out.

Please tear here

PARTICIPANT WAIVER:

In consideration of **my participation, or my child's participation**, in the SummerFest Color Run, I understand and agree to the following: Running is a potentially hazardous activity, and this fun run involves inherent risks, including but not limited to: falls, contact with other participants, colored powder inhalation or irritation, stained clothing and/or skin, effects of weather including high heat and/or humidity, traffic, conditions of the road, and uneven terrain. **My safety, or my child's safety, is my top priority**, so I acknowledge **I, or my child**, should be in good health and physically capable of participating. I will abide by any decision of the event director regarding **my, or my child's**, ability to safely participate in the run. By signing below, I assume full responsibility for any injuries **I or my child** sustain during the event. Having read this waiver and knowing these facts, **on my behalf, and on behalf of my child if applicable**, I waive and release Legacy Medical Foundation, Millinocket Regional Hospital, volunteers, sponsors, and their successors from any and all claims or liabilities arising out of **my or my child's** participation, even if caused by negligence or carelessness on the part of the persons named in this waiver. I further authorize and empower the event staff to consent to and authorize any medical treatment for **me or my child** that may appear reasonably necessary as a result of emergency, accident, or illness whether occurring before, during, or after the event. I understand and agree to be responsible for any associated costs. Finally, I grant permission for the organizers to use photographs, videos, or recordings of **me or my child** taken during the event for any legitimate purpose.

(TURN OVER TO SIGN AND COMPLETE)

PLEDGE / DONATION FORM

*This fundraiser is based on donations only. **No donation is too small!**

Checks should be made payable to: **Legacy Medical Foundation**

Name	Pledge Amount \$

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Please bring your pledge form, waiver and donations with you for the run. We will collect them during registration.

Sponsorships can be made via cash, check, Venmo or online at mrhme.org/giving

(Be sure to include the participant's name in the comments so we can track their sponsorships!)

Money raised will go to the Legacy Medical Foundation to support patient care at Millinocket Regional Hospital.
The foundation supports patient care initiatives that range from the Emergency Department expansion to the purchase of new medical equipment



Please tear here

Participant Name (Printed):

Date:

Participant or Parent/Guardian's Signature:

Parent/Guardian's Name (Printed):

Emergency Contact (Name and Phone Number):